

Coronary Calcium Scoring Order

Patient Name: _____

Patient History: _____

Test: **Coronary Calcium Scoring**

Physician: _____

To schedule your Coronary Calcium Scoring study call (407) 833-7328.

Coronary Calcium Scoring Preliminary Results

Patient ID: _____ Age: _____

Patient Name: _____ Sex: _____

Exam Date: _____ Diabetes: Yes No

Birth Date: _____ Smoking: Yes No

Calcium Score

0-0:

1-10:

11-100:

101 – 400:

Greater than 401:

Score Summary

Your total calcium score: _____

Percentile Ranking Guide: _____

This percentile rank compares you to others of the same gender and age group.

These are preliminary results. You should receive a final reading from our radiologist in approximately five business days. A copy of your results will be sent to your primary care physician if you designate one. If you have questions about the results, contact your doctor. If you do not have a primary care physician, please call Consult-A-Nurse at 1-800-445-3392 for a referral.



Conveniently located 3.6 miles east of I-4 between S.R. 46 and Highway 17-92.

To find out what your calcium score is, schedule your \$99 heart scan today.

To schedule your calcium scoring study call (407) 833-7328.



1401 W. Seminole Blvd. | Sanford, FL 32771
(407) 321-4500
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All About Calcium Scoring:
How a Heart Scan Can Save Your Life

**If you know what's going on in the present,
you may be able to prevent a heart attack in the future.**



About Heart Disease and Prevention

According to the American Heart Association, heart disease is the leading cause of death in America, with heart attacks accounting for over 500,000 deaths per year.

Heart disease is treatable and for some people may be reversible when treated early. Central Florida Regional Hospital offers coronary calcium scoring to people who are asymptomatic for heart disease. This fast, simple test is an effective tool for early detection of heart disease and heart attack prevention.

This prevention program is for:

- Men aged 45 to 75 years
- Women aged 55 to 75 years
- Younger persons with two or more risk factors

What are considered risk factors?

- Family History of premature CAD
- Diabetes
- High Cholesterol
- High LDL
- Low HDL
- Hypertension
- Tobacco Use
- Obesity
- Peripheral Arterial Disease
- Symptomatic Carotid Arterial Disease

Coronary Calcium Scoring

Calcium scoring tests are done using our 64-slice CT scanner, an advanced tool that can accurately display the heart in 64 slices, determining the precise area of disease. This simple CT heart test is painless, noninvasive, and takes only minutes to perform. However the test provides critical information in the detection of coronary artery disease. By determining the calcium levels (blockages) in the coronary arteries, doctors are able to assist you in lifestyle changes that can prevent this life-threatening disease from worsening.



What are the benefits of calcium scoring?

- Earlier treatment of heart disease that can prevent the disease from getting worse
- Aids in the prevention of heart attacks and/or sudden cardiac death
- Allows your doctor to better manage your health and prevent life threatening events

Important Information About Your Scan

Coronary Calcium Scoring results are based on an analysis of the coronary arteries only. Calcium deposits do not correspond directly to the percentage of narrowing of the arteries. They do correlate directly to the amount of coronary plaque, and to the risk of future coronary disease. These calcium deposits usually begin to form years before any symptoms develop. Early detection and modification of risk factors, such as smoking and cholesterol intake, can slow the progress of coronary artery disease.

A low score suggests a low likelihood of coronary artery disease, but does not exclude the possibility of significant coronary artery narrowing. The results should be discussed with your physician taking into account other risk factors such as age, gender, family history, diabetes, smoking or high cholesterol levels.

Should you ever experience chest pain, difficulty breathing, discomfort radiating into your neck or arm or discomfort combined with lightheadedness, sweating, fainting or nausea, you should seek prompt medical attention.

*Please note: Coronary Calcium Screening is not covered by insurance. Your total cost is \$99.